

CAP2CAP REGISTRATION

Ride Day: Saturday, May 13, 2017

*Required Fields

*NAME _____

*STREET ADDRESS _____

*CITY _____

*STATE _____ *ZIP _____ *TELEPHONE _____

*EMERGENCY CONTACT NAME _____ *TELEPHONE _____

*EMAIL _____

*AGE ON RIDE DAY _____ GENDER _____

Choose a location for packet pickup on Friday May 12, 2017 (packet pickup will be available on Saturday May 13, 2017 at the Charles City ride venue):

- Richmond, VA - Hardywood Park Craft Brewery
- Williamsburg, VA - The Corner Pocket

*Choose a Distance (no refunds)

	Received through:			
	2/8	4/5	5/10	Walk-up
<input type="checkbox"/> Waste Management Century (100 mi)	\$70	\$80	\$90	\$100
<input type="checkbox"/> Virginia Credit Union Half Century (50 mi)	\$65	\$75	\$85	\$95
<input type="checkbox"/> Bruce Howard Quarter Century (25 mi)	\$65	\$75	\$85	\$95
<input type="checkbox"/> Busch Gardens Fun Ride (15 mi)	\$40	\$40	\$50	\$55
<input type="checkbox"/> Youth (16 & under)	\$40	\$40	\$50	\$55

****All fees per individual rider****

Riders 12 and under participate FREE in the 15-mile Fun Ride, but each person riding must register and sign a waiver.

Start Times Century Half Century Quarter Century 15-mi Fun Ride
7:30 AM 8:30 AM 9:30 AM 9:45 AM

Charitable Donation: \$ _____

(The Virginia Capital Trail Foundation is a nonprofit organization eligible for tax-deductible contributions. All VCTF supporters receive our e-newsletter.)

- I would like to purchase a Cap2Cap cycling Jersey: \$70
Women's S M L XL XXL
Men's S M L XL XXL

Waive the shirt and make my fee a donation

*T-Shirt Size: Youth L Adult S M L XL XXL

- I would like a vegetarian lunch
- Additional lunches \$10 each Quantity: _____
Vegetarian Regular

Total Enclosed \$ _____

RELEASE & WAIVER—Signature Required

I am age 18 or above, OR acting as the parent or guardian for the participant and will accompany him/her at all times while riding. I understand the inherent risks associated with road cycling and agree to abide by all applicable course, highway, or other posted rules, and understand that if I leave the designated route, I am no longer on the Ride. I hereby waive all claims for myself, other family members, heirs, and successors and hold harmless the event organizers, sponsors, jurisdictions, directors, and volunteers from any and all liability associated with this event. I certify that I am in adequate physical condition and in the event I receive medical treatment, I understand that any associated costs are my responsibility and that the event is under no obligation to provide medical care or reimbursement. I also agree that any materials containing my picture may be used in publication or promotion of this event without compensation due. I consent to wear a bicycle helmet at all times while riding.



Signature (parent/guardian if under the age of 18)

Date

Rules of the Ride — *Initials Required

The Foundation is sensitive to the ride's impact on the surrounding communities. Any behavior from a Cap2Cap volunteer or registered rider, either on the road or off, that in any way negatively affects the reputation of the ride or the Foundation or places other riders, vehicles, or spectators at risk will not be tolerated.

Please be mindful of the RULES OF THE RIDE:

1. Ride single file, especially when cars are behind you.
2. Keep to the far right when cars are behind you.
3. Do not ride at unsafe speeds for the conditions.
4. Be kind to local drivers, law enforcement and volunteers.
5. Helmets required.

I am aware that, should I still be riding after 4:30 PM, I may be responsible for my well-being and may not receive SAG support, feed-zone services, or participant lunch. _____ (initial) ★

I am aware that the event begins and ends at the Charles City County venue. If I end my ride off the published route, I am responsible for my own transportation back. _____ (initial) ★

Note: Parents, be advised that the 25-, 50-, and 100-mile routes include primary and secondary roads and may not be suitable for children. Minors must be accompanied by a parent or legal guardian at all times while riding. No exceptions.

Registrations are non-refundable, non-transferable, and may not be deferred to another year. The Cap2Cap takes place rain or shine.

Please SEND A CHECK for the total amount (including a signed waiver and initialed Rules of the Ride for each participant) to:

Virginia Capital Trail Foundation | Cap2Cap |
P.O. Box 17966 | Richmond, VA 23226

Or REGISTER ONLINE: www.virginiacapitaltrail.org/cap2cap-ride
(will incur online processing fees)