



# 2024 Rider Participation Guide

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Welcome to the Virginia Capital Trail Foundation's 19th Annual Sentara Cap2Cap presented by Dominion Energy! Thank you for participating in this year's ride. We are committed to providing riders with the best experience possible and hope you will return every year to join us. Please read this year's rider participation guide prior to event weekend, Friday, May 10th and Saturday, May 11th.

***\*Please note: you can only ride on the day you registered; your lunch and beverage tickets will only be able to be redeemed on the ride day for which you are registered.\****

Proceeds from the Cap2Cap support the Virginia Capital Trail Foundation. The VCTF is a nonprofit, 501 (c)(3) organization with a mission to protect, promote, and enhance the Virginia Capital Trail, and to serve as a resource, community builder, and connector to other trails throughout the Commonwealth. The Virginia Capital Trail is a 52-mile dedicated multi-use trail connecting Richmond and Williamsburg along the beautiful and historic Route 5 corridor.

## Important Locations and Dates/Times

### Wednesday, April 17th

**This is the last day to make changes to your registration**, including the date/location of in person packet pickup, ride day, mileage, and t-shirt size in RunSignup. This is also the cutoff for new registrants to select the mailing option and have their packet sent to them (\$15 additional cost). Instructions for changing your registration details:

- 1) Login to [Runsignup.com](https://runsignup.com).

- 2) At the top right corner of the screen (beside the Orange “find a race” button) will be your circular profile picture/placeholder. Click on that circle, and select “Profile” on the dropdown.
- 3) Scroll down until you see the Virginia Credit Union Cap2Cap presented by Dominion Energy under “Upcoming Events” and select the “Manage Registration” link to the right of the event title.
- 4) This will put you on a page that details your registration, including which packet pickup, event, and ride day you have chosen.
  - a) **Change Your Mileage:** Select “Transfer Event” from the vertical menu on the left. Click “Start Transfer” and proceed with the registration for your new event.
    - *Note, VIR Shuttle Package participants cannot transfer to another event.*
  - b) **Change Your Ride Day:** Select “Ride Day” from the vertical menu on the left. Select your desired Ride Day on the drop down menu and click “Save Changes”.
    - *Note, 2-Day Challenge participants will not have a ride day.*
  - c) **Change Your Packet Pickup/Mailing Selection:** Select “Add-Ons” from the vertical menu on the left. Choose your desired Packet Pick-Up location or the mailing option, click “Continue”, and confirm your changes.
  - d) **Change Your T-Shirt Size:** Select “Giveaway” from the vertical menu on the left. Choose your desired size, click continue, and confirm your changes.

After making any changes, make sure they are saved by looking at the “My Registration” tab on the vertical menu on the left. If you have any additional questions, please contact us at [info@viriniacapitaltrail.org](mailto:info@viriniacapitaltrail.org).

## Tuesday, May 7th

This is the **last day to register online** for the Sentara Cap2Cap presented by Dominion Energy using RunSignup. Online Registration closes at Noon (12pm) on May 7.

After this day, all registrations will take place in person at one of our Packet Pickup locations on Thursday or during Ride Day Packet Pickups on Friday and Saturday (see below).

## Thursday, May 9th

### **In-Person Packet Pickup, 3:00PM-7:00PM**

- Bingo Beer Co. (2900 W Broad St, Richmond, VA 23230)
  - The parking lot at Bingo Beer has limited space. Please plan to utilize Richmond’s free bus rapid transit line, the GRTC Pulse. There is a Pulse stop within one block of Bingo Beer and stops at several locations between Willow Lawn Shopping Center and Rocketts Landing.

Dispersed street parking is also available for the Bingo Beer Packet Pickup. Limited parking will also be available at the Blanchard's Broad Street coffee shop starting at 5pm. DO NOT park in spaces Reserved for The Edge Golf Academy.

- Billsburg Brewery (2054 Jamestown Rd, Williamsburg, VA 23185) Parking is available on site and across the street at the Jamestown Settlement.

**Your packet will only be available at the Packet Pickup location you selected during registration!**

***Note: Please bring a photo ID. In the event there is an issue with your registration, please have a copy of your confirmation available either printed or digital. Please do not arrive earlier than the packet pickup start time. Your packet will not be available before 3:00PM.***

## **Friday, May 10th: Ride Day One**

- **Chickahominy Riverfront Park Packet Pickup** from **7:30AM to 10:00AM** (1350 John Tyler Hwy Williamsburg, VA 23185)
  - ***Note: Please bring a photo ID. In the event there is an issue with your registration, please have a copy of your confirmation available either printed or digital.***
- **Rest Stops** (Great Shiplock Park, Four Mile Creek, Herring Creek, Charles City Courthouse, and Chickahominy Riverfront Park) and **SAG Support** are active between **8:00AM and 4:00PM**. See below for details.
- **Party Zone at Chickahominy Riverfront Park** will be active between **11:00AM and 4:30PM**. This is the **ONLY** Party Zone on Friday, May 12th. Riders who registered for this Ride Say will only be able to use their lunch and beer tickets at this location. Lunch is available from 11:00AM to 4:30PM but **beer service ends at 4:00PM, no exceptions**. If you have not redeemed your beverage ticket before 4:00PM, you will not be able to get a beer. Unfortunately, there is no wiggle room on this, so please plan accordingly!
- **Parking** will be available at Chickahominy Riverfront Park in the **large grass field** past the Park Ranger station. Please do not leave your vehicle in the parking lot near the pool and playground. This lot will be for Party Zone Vendors and Volunteers throughout the day.

## Saturday, May 11th: Ride Day Two

- **Dorey Park Packet Pickup** from **7:30AM to 10:00AM** (7200 Dorey Park Drive Henrico, VA 23231) will take place in the Farmer's Market pavilion, to your left shortly after entering the main entrance of the park.
  - ***Note: Please bring a photo ID. In the event there is an issue with your registration, please have a copy of your confirmation available either printed or digital.***
- **Rest Stops** (Great Shiplock Park, Four Mile Creek, Herring Creek, Charles City Courthouse, and Chickahominy Riverfront Park) and **SAG Support** are active between **8:00AM and 4:00PM**. See below for details.
- **Party Zone at Dorey Park** will be active between **11:00AM and 4:30PM**. This is the **ONLY** Party Zone on Saturday, May 13th. Riders who registered for this Ride Say will only be able to use their lunch and beer tickets at this location. Lunch is available from 11:00AM to 4:30PM but **beer service ends at 4:00PM, no exceptions**. If you have not redeemed your beverage ticket before 4:00PM, you will not be able to get a beer. Unfortunately, there is no wiggle room on this, so please plan accordingly!
- **Parking** will be available at Dorey Park in the **baseball field parking lot and the large grass overflow parking field**. Please do not leave your vehicle in the small parking lot near the football field and bathhouse. This lot will be used by Party Zone Vendors and Volunteers throughout the day.
- **Trail Remarks** during the Quirk Hotel Party Zone at Dorey Park

## 2-Day Challenge

The 2-Day Challenge allows riders to participate in the Cap2Cap both days. Riders who have registered for this event will be able to ride and utilize course support on both days of the Cap2Cap event, as well as take their bib to both Party Zones and get one lunch and one beverage each day. Please note, you are limited to redeeming one of each at each Party Zone, you cannot double up on one day.

## Shuttle Service Between Richmond and Jamestown

**\*\*You must purchase shuttle service during your RunSignUp Registration to utilize this service\*\***

Please note, limited spaces are available for the shuttle. There is also a minimum of registrants needed to run the shuttles. **If the minimum isn't met, the service will be canceled and the fee**

**refunded.** This is the only reason a refund would be applicable. Otherwise, the shuttle will run rain or shine.

Additionally, due to the enclosed trailers' capacity and in an effort to keep all bicycles safe and secure, the shuttles can only accommodate two-wheeled, non-reclining, single-rider bicycles weighing under 60 lbs.

Out-and-back rides, Amtrak, and coordinating a car drop with friends are all great options.

## Lunch/Drinks

### **Lunch Service**

- Lunch will be available between 11:00AM and 4:30PM at the Party Zone that is active on the day you chose to ride. Friday's lunch will be at Chickahominy Riverfront Park and Saturday's lunch will be at Dorey Park.

### **Lunch Options**

- Pork BBQ, Chicken BBQ, coleslaw, baked beans, chips, fresh fruit, assorted cookies.
- Vegetarian option: Vegetarian wraps, vegetarian beans, chips, coleslaw, fresh fruit, assorted cookies (everything vegetarian friendly).
  - Please note: The Vegetarian lunches will be ordered based on the number of people who have requested this option. **You cannot switch your lunch selection on the day of the event.** Changes can only be made prior to April 19th. If you have other dietary needs, please plan accordingly.

### **Beer Service**

- **Bingo Beer Co.** will be serving beer at the James City County Parks and Recreation Party Zone in Chickahominy Riverfront Park on Friday and at the Quirk Hotel Party Zone in Dorey Park on Saturday. You will have the option to redeem the beverage ticket on your bib for a beer between 11:00AM and 4:00PM. **You MUST have a valid photo I.D. to redeem your ticket for an alcoholic beverage.** Please note, beer service will end 30 minutes before lunch service. We cannot serve beer after 4:00PM so please plan accordingly. **Please do not drink and ride/drive.**

### **Non-Alcoholic Beverages**

- There will be coolers full of cold water and sports-drinks on site at both Party Zones. **Please bring along something to drink out of** (like your new Cap2Cap Water Bottle sponsored by Agees) to reduce our event's footprint.
- You will also be able to redeem your beverage tickets in the lunch lines for a non-alcoholic beverage.

## Merchandise

Various merchandise items are available for purchase during online registration and in the online Trail Store. It is recommended that jerseys be ordered in advance of the ride in order to guarantee your size. A limited quantity of jerseys will be available at Packet Pickup and on ride day, however, sizes and availability cannot be guaranteed.

Merchandise sales will occur at both Party Zones. Unworn, unwashed jerseys **MAY** be able to be switched for a different size at the Party Zones. This is not guaranteed and is subject to availability. T-shirts cannot be swapped for a different size.

Check out our [Trail Shop](#) for other awesome Cap Trail gear!

## Raffle

Raffle tickets are digital only. If you bought a raffle ticket, it will be linked to your RunSignUp Registration. Raffle winners will be contacted via email and announced **the week after Cap2Cap**.

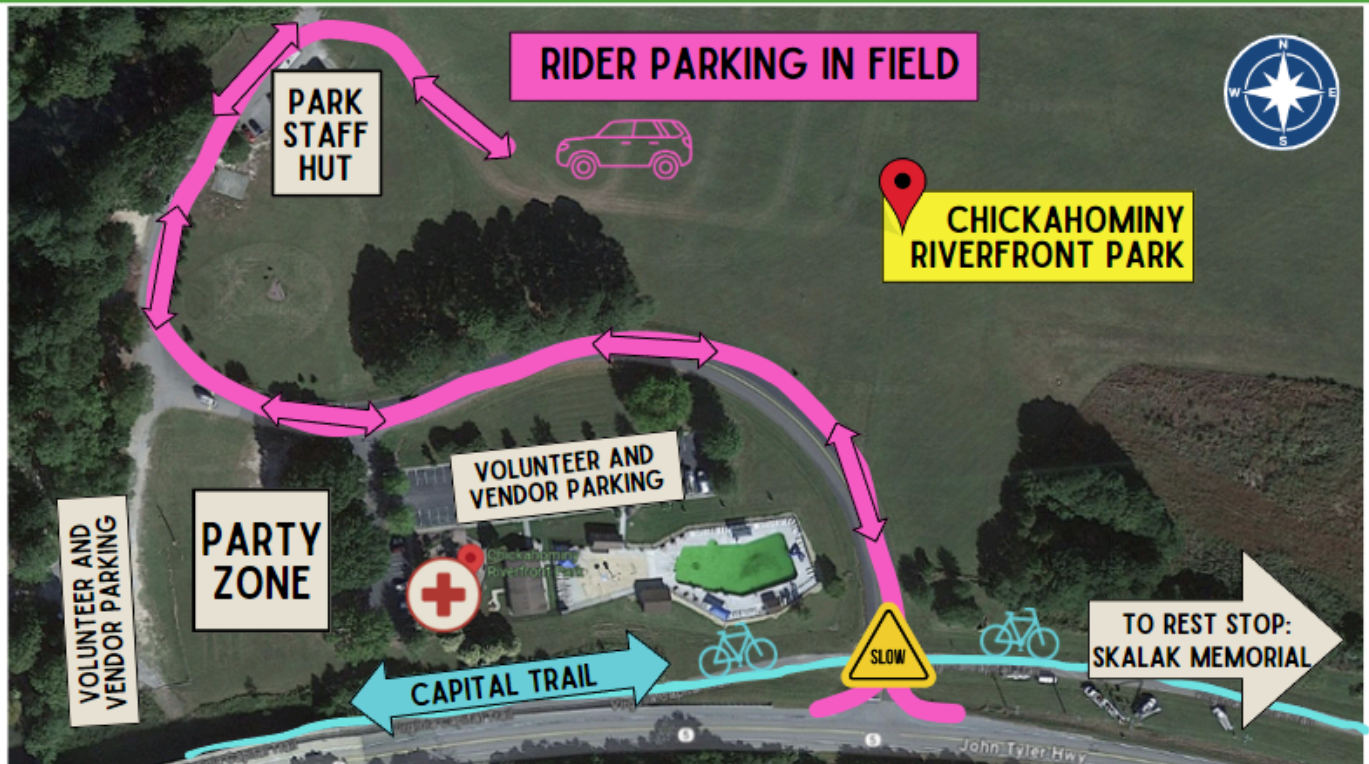
## Event Parking

The parking plan is subject to change especially in the event of inclement weather. Please pay attention to signage and event staff when parking for the Packet Pickups and Party Zones (see below). Public parking will be utilized at the many possible starting locations along the trail including Jamestown Settlement, Chickahominy Riverfront Park Trailhead, Charles City Courthouse Trailhead, Dorey Park, Herring Creek Trailhead, Four Mile Creek, Great Shiplock Park and many others (see map below). If you require accessible parking, please e-mail [info@virginiacapitaltrail.org](mailto:info@virginiacapitaltrail.org) and our event staff will help you determine the best options and starting points.

## Party Zones/Venues

# CHICKAHOMINY RIVERFRONT PARK

## FRIDAY 5/10, 7:30AM-4:30PM



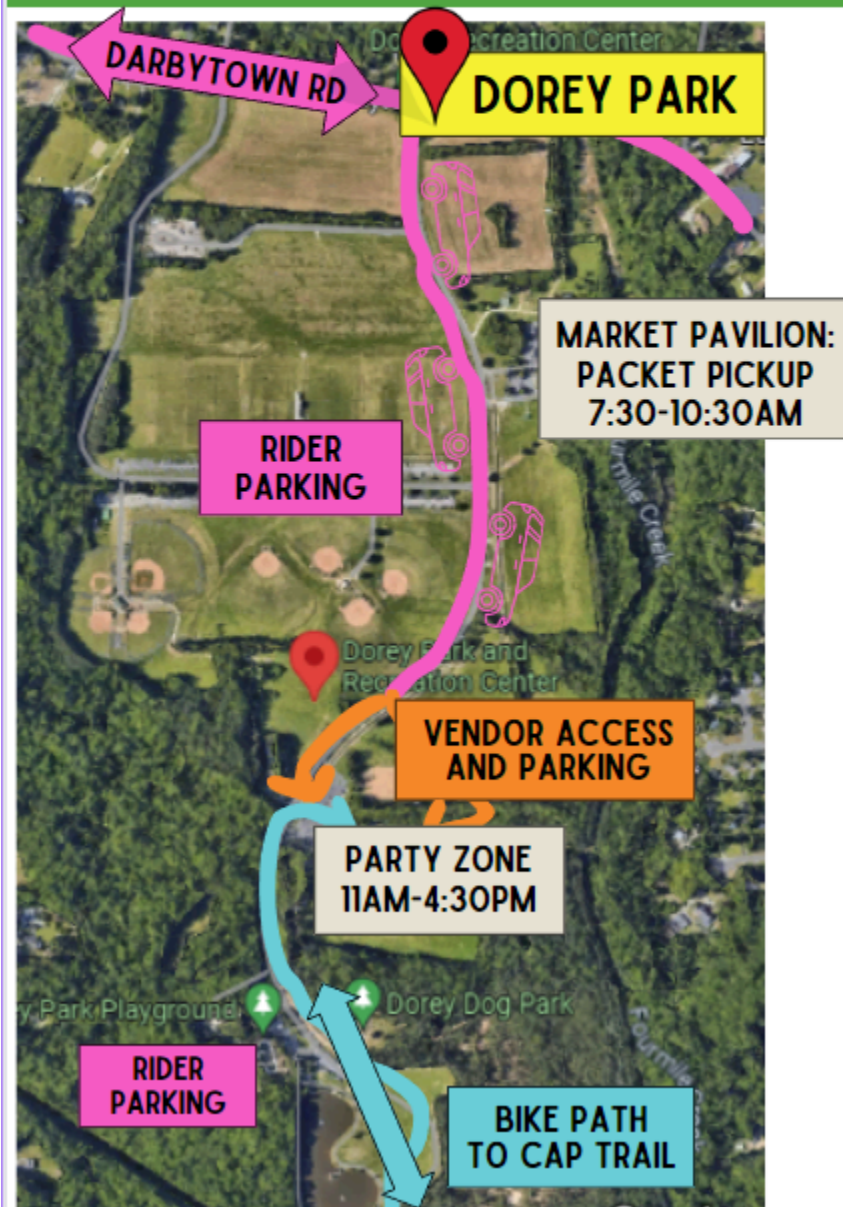
**Packet Pickup, 7:30 AM - 10:00 AM:** In the pavilion in between the pool and playground. The nearby parking lot (crossed out in red) will **not** be open to the public.

**The James City County Party Zone, 11:00 AM - 4:30 PM:** This is where you will be able to redeem your lunch and beverage tickets on Friday. **The nearby parking lots are reserved for vendors and volunteers.**

**Participant Parking:** The field north of the Party Zone will be the site for riders to park their vehicles at this venue. Follow the road on which you enter (highlighted in pink) past the Party Zone and look for signage and staff to direct you into this parking area (labeled "Rider Parking in Field").

# DOREY PARK

SATURDAY 5/11,  
7:30AM-4:30PM



**Entering and Navigating Dorey Park:** Cars will enter at the north end of the park via Darbytown Road. After parking, follow the park road to reach the Party Zone. From the Party Zone you can access the



Capital Trail by following the connector trail bike path past the pond, and out of the south end of the park.

Cyclists entering Dorey Park from the Virginia Capital Trail will enter at the south end of the park on the Connector Trail (lined in blue).

**Packet Pickup, 7:30 AM - 10:00 AM:** In the Farmer's Market Pavilion by Dorey Park Recreation Center, towards the northern end of Dorey Park. This will be on your left shortly after entering the park from Darbytown Road. There is a small parking lot here, please plan to move your car to the main parking lot after picking up your packet.

**The Quirk Hotel Party Zone at Dorey Park, 11:00 AM - 4:30 PM:** This is where you will be able to redeem your lunch and beverage tickets on Saturday. The nearby parking lot immediately adjacent to the Party Zone will **be reserved for vendors and volunteers.**

**Participant Parking:** The majority of parking capacity at Dorey Park is in the large lot by the baseball diamonds and will be the primary site for participants to park their vehicles at this venue. This lot will be on your right as you enter the park by vehicle from Darbytown Rd. Look for signage and staff to direct you into this area.

There is limited public parking at the south end of the park by the pond.

**Overflow Parking** may be utilized in the grass field directly across from the main parking area. Staff and signage will direct you to these lots as needed.

## [Ride Details](#)

The Cap2Cap ride is a supported, non-competitive bike ride, and **not a race**. The Capital Trail is open to the public and all stop signs and traffic signals must be obeyed by participants. **All Virginia laws as they apply to bicycles must be followed.**

## [WHERE CAN I FIND LODGING INFO?](#)

On our website: [Trail Info](#) > [Plan a Visit](#) > [Lodging](#)

Discounted Hotel Rooms can be found here: [288 Travel Site](#)

Also check out [Quirk Hotel](#), our Dorey Park Party Zone Sponsor.

## [Sample Itineraries and Mileage Card](#)

[Click here](#) to see a mileage chart to assist you in designing your own route, with distances between various points on the Capital Trail. These cards will also be available at Packet Pickup.

[Click here](#) to view several **possible** itineraries for you to utilize for your Cap2Cap ride (click the image to zoom in). Designed in collaboration with [Road Tested Bike Tours](#), these sample itineraries give options for riding the 100, 50, and 25 mile events. Note which Rest Stops they pass by and be sure to choose a route that allows you to visit the Party Zone active on your day!

For even more detail, [click here for an eastbound \(Richmond to Jamestown\) turn by turn cue sheets and a ride with GPS file](#), and [click here for the westbound \(Jamestown to Richmond\) version](#).

## [Bib Numbers](#)

All participants in the Cap2Cap are assigned a rider number. This number is to be worn at all times while participating in the ride for identification purposes. Your bib will let Rest Stop and lunch volunteers know you are a Cap2Cap rider. Your bib also has tear off tickets for lunch and a beverage (redeemable at your ride day's Party Zone). **Bibs are not transferable to others.**

## [Gearing](#)

While the 2022 Cap2Cap ride is self determined, we recommend planning your ride on the Capital Trail. While there are no exceptionally long or steep hills to climb or descend, it is recommended that you consult the online elevation charts (located [here](#)) and take note of any areas you deem significant in choosing what gear you will employ for ride day. Please note, there are a few fairly substantial hills along the Trail, including one when heading east out of Richmond. Single speed and fixed gear bikes are not recommended.

## [SAG \(Support and Guidance\)](#)

**SAG support will be available to Cap2Cap riders on the Virginia Capital Trail between 8:00AM and 4:00PM.**

- SAG should be contacted **only in the event that fatigue or a mechanical issue precludes further cycling.**
- SAG is not to be called in the case of medical concerns: **Call 911 for medical issues/emergencies!**
- Before calling SAG, you will need to find a cross street or other location where the SAG vehicle will be able to easily and safely reach you.

- **SAG drivers cannot drive on the Trail. SAG is also not a shuttle service**, so please do not treat it as one. This would take the drivers away from riders who need them.

Thank you to the Richmond Area Bicycle Association (RABA) for your support of SAG!

**SAG Phone Numbers** (*either can be contacted*):

SAG Line 1: (804) 965-4448 (Primary SAG Number)

SAG Line 2: (804) 588-2393

## **Mechanical Support**

Mechanical support will be provided at the following locations:

Friday (Chickahominy Riverfront Park) Packet Pickup by [Williamsburg Bike Co-Op](#)

Friday Shiplock Park by [Pedal Power RVA](#)

Friday and Saturday Party Zone by [Contes](#)

Friday and Saturday Charles City County Courthouse by Contes

Saturday at [Kul Wheels Bike Shop](#), adjacent to the trail at Mile Marker 48

Saturday at Skalak Memorial by [Trek Williamsburg](#)

We still recommend you bring extra parts (such as tubes) since spares will not necessarily be available in the size you need. It is also a good idea to have basic tools with you. While the bike shops and technicians supporting the Cap2Cap ride are amazing, there will of course be work that is not able to be completed onsite. If you have any concerns about your bike's mechanical state, **consider a visit to your local bike shop for a tune up ahead of the ride.**

## **Rest Stops**

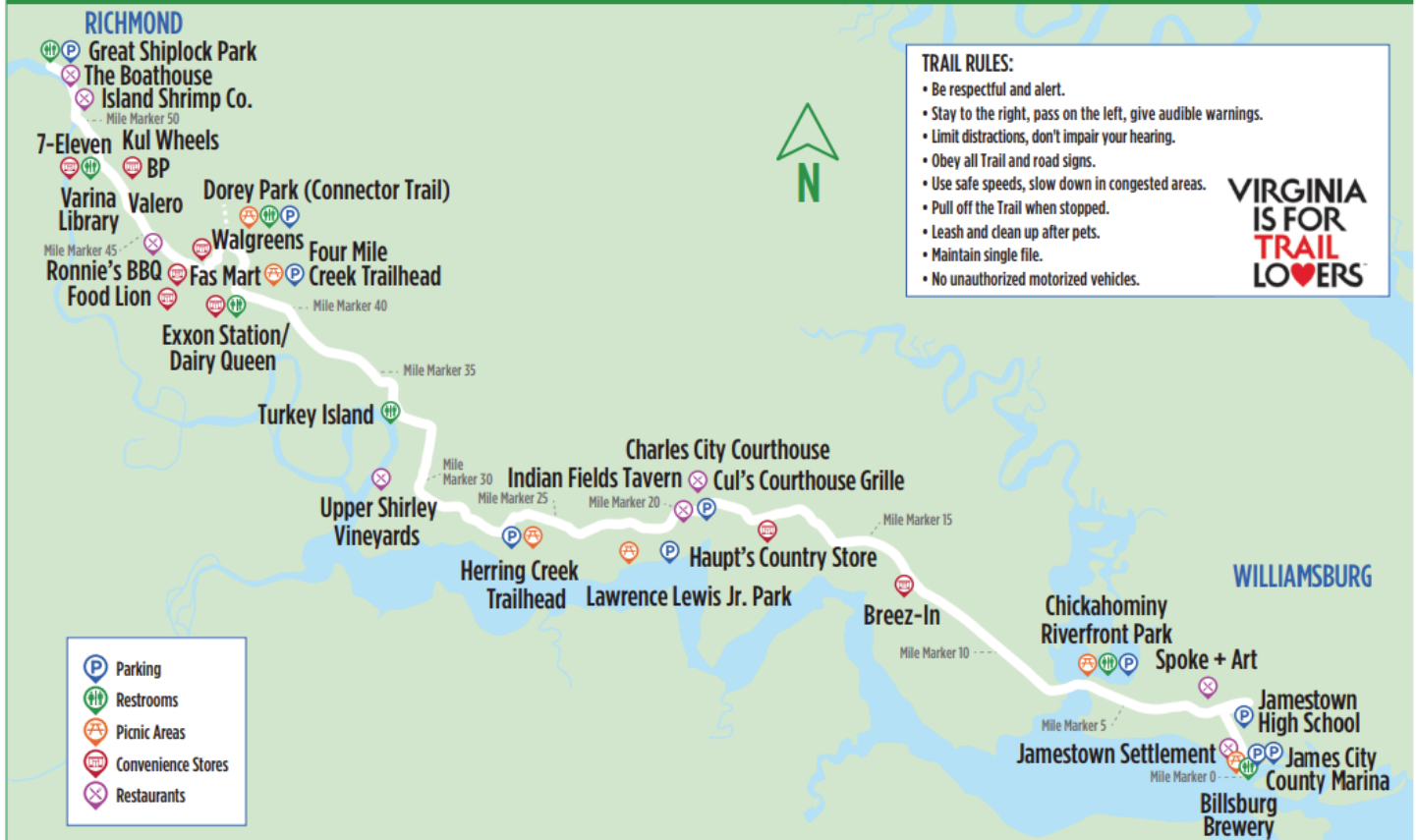
Rest Stops are located at strategic points along the Capital Trail (circle in red on the map below):

- **Skalak Memorial** MM 6-7 (just east of Chickahominy Riverfront Park, 1350 John Tyler Hwy, Williamsburg, VA 23185)
- **Charles City County Courthouse** MM 20-21 (10780 Courthouse Rd, Charles City, VA 23030)
- **Herring Creek Trailhead** MM 27 (Herring Creek Road, Charles City, VA 23030)
- **Four Mile Creek Trailhead** MM 39-40 (New Market Road Henrico, VA 23231)
- **Great Shiplock Park** MM 51 (2803 Dock St, Richmond, VA 23223).

Each location will have **restrooms or portable sanitation**, basic first aid supplies, as well as an assortment of fuel and hydration options. Food may include fruit, bars, cookies, chips, peanut butter and jelly sandwiches, and other assorted snacks.

# VIRGINIA CAPITAL TRAIL

VirginiaCapitalTrail.org



At three rest stops you will find specialty food thanks to our amazing sponsors:

Ukrops Rainbow Cookies at Great Shiplock Park

Breez-In Potato Wedges at Charles City County Courthouse

Pickle Juice at Skalak Memorial

**Please be ready to have your own fuel and hydration in the event an Aid Station does not supply options that suit your preferences or dietary requirements.** Water will be provided at every rest stop. If you are having trouble reading the below picture, [here is a link](#).

**Please do not hoard food.**

## Medical Emergencies

**If you require emergency medical attention, call 911.**

Please do not call 911 for any situation that does not require emergency assistance. For minor medical issues, please go to the Party Zone medical tent.

## Communications

Mobile communication coverage in some rural areas between Henrico and James City County can be inconsistent at times. We do, however, encourage all participants to carry a mobile phone.

## Weather

The Cap2Cap ride will take place rain or shine. Typical weather for Central Virginia in early May is warm and sunny with the possibility of showers and thunderstorms. Please plan accordingly and select attire appropriate for conditions. It is highly recommended that riders apply sunblock.

**We cannot allow riders to switch their ride day due to weather conditions/forecasts.** Riders must participate in the Cap2Cap bike ride on their selected ride day in order to keep our volunteers and other riders as safe as possible and limit crowding at lunch pickup, rest stops, and along the Trail. Thank you for your understanding.

## Contingency Guide for Participants

### Severe Weather

#### **THE EVENT TAKES PLACE RAIN OR SHINE**

- The Crisis Management Team (VCTF Executive Director and Cap2Cap Event Manager with the guidance of the SAG Coordinator) will decide to adjust or cancel the Ride in the case of severe weather.
  - An email will be sent to participants if there are changes prior to the event.
  - If changes occur during the event, an email will be sent to participants.
    - Red flags and “Emergency” and “Seek Shelter” signs will be placed at Rest Stops and Party Zones to alert participants.
      - We advise taking shelter in vehicles or enclosed buildings. A map is provided marking business locations along the Trail.
  - Refunds are not applicable.

## **Additional Risk Management**

Staff and volunteers are advised on how to handle a multitude of situations.

For participants:

- If you witness or experience a minor situation, contact SAG.
- If it is a serious situation or you're unsure, contact 911 immediately.
  - Either party will be able to appropriately advise you.

In the event of an emergency:

- The Crisis Management Team will email participants.
- Red flags and "Emergency" signs will be placed at Rest Stops and Party Zones to alert participants.
  - Participants must stop and follow directions from staff or volunteers.

## **What to Bring Along for Ride Day**

Though the Cap2Cap is a supported ride, participants should prepare to be self-sufficient. Here are some recommendations to have along with you on ride day:

- **PHOTO IDENTIFICATION**
- Bib (required to enter the Party Zone)
- Helmet
- Full water bottle(s) & food
- Spare bike tire tube, hand pump/cartridges, tire levers, multi-tool
- Cell phone
- Map (available at Packet Pickup locations) ([link to printable version here](#))
- Lip balm
- Sunscreen
- Chamois cream
- Positive attitude 😊

## **Refunds, Transfers, and Altering the Event**

There is no rain date. We ride rain or shine. In case of severe weather, VCTF reserves the right to cancel/alter/modify the ride for safety concerns. In any case, we do not refund ride fees, transfer registration to another year, transfer registration to another day, or transfer registration to other riders. In the unlikely case a ride is canceled, you may claim your registration fee as a tax-deductible donation.

## Trail Etiquette

Please follow the general guidelines for Trail etiquette and remember **the Capital Trail OPEN to the public for the Cap2Cap ride. Cap2Cap is a ride, not a race.**

- Be Respectful of all trail users and stay Alert
- Stay to the right, pass on the left, and **give audible warnings**
- Obey all Trail and Road Signs (Please read this [letter](#) from Charles City County Sheriff regarding obeying all traffic laws)
- Use safe speeds, slow down in congested areas
- If you're on wheels, **yield to pedestrians**
- Pull off the Trail when stopped
- Maintain single file when allowing others to pass
- No unauthorized motorized vehicles
- [Full E-Bike Policy](#)

## Covid-19 Safe Attendance

All Cap2Cap Riders have agreed to the following when signing the event waiver:

*COVID-19 Guidelines \* In consideration of my participation in the Virginia Credit Union Cap2Cap Bike Ride presented by Dominion Energy I acknowledge, accept and agree to abide by the following: I agree that I will neither attend nor participate in the Event if I, within 14 days prior to the Event: (i) have a suspected/confirmed case of COVID-19; (ii) shown any symptoms of COVID-19, including fever, cough, or shortness of breath; or (iii) have been in close contact with a person known to have COVID-19 (or any known symptoms thereof). I agree to abide by the Center for Disease Control ("CDC")'s recommendations for the prevention of the spread of COVID-19 and other communicable diseases, and I attest to having read the CDC's guidance. I agree to abide by all federal, state, or local government regulations or health and safety guidance, as well as safety and risk mitigation practices required by ride officials for this Event*

**Update:** [Based on the most up to date policies](#), Cap2Cap participants and volunteers should follow these guidelines when you may have a respiratory virus:

Stay home and away from others (including people you live with who are not sick) if you have respiratory virus symptoms that aren't better explained by another cause. These symptoms can include fever, chills, fatigue, cough, runny nose, and headache, among others.\*

- You can go back to your normal activities when, for at least 24 hours, both are true:
  - Your symptoms are getting better overall, and
  - You have not had a fever (and are not using fever-reducing medication).

- When you go back to your normal activities, take added precaution over the next 5 days, such as taking additional [steps for cleaner air](#), [hygiene, masks](#), [physical distancing](#), and/or [testing when you](#) will be around other people indoors.
  - Keep in mind that you may still be able to spread the virus that made you sick, even if you are feeling better. You are likely to be less contagious at this time, depending on factors like how long you were sick or how sick you were.
  - If you develop a fever or you start to feel worse after you have gone back to normal activities, stay home and away from others again until, for at least 24 hours, both are true: your symptoms are improving overall, and you have not had a fever (and are not using fever-reducing medication). Then take added precaution for the next 5 days.

***This is subject to change.***

**Enjoy the event and remember - it is a ride NOT a race!**

We are excited to have you as part of Cap2Cap! We wish you a safe and enjoyable cycling experience. Thank you for supporting the Virginia Capital Trail Foundation.

### **Exclusive Cap2Cap Discounts**

Please see the below special discounts that are available for our Cap2Cap Riders in 2024:

**Virginia Capital Trail Foundation Store:** Use the discount code: **C2C24** to receive 10% off for our trail store, redeemable until May 31st. *Please note, this discount does not apply to the 2024 Cap2Cap Jersey.*

**Kings Dominion:** Cap2Cap riders are eligible for a **complimentary ticket to Kings Dominion**, Virginia's premier adventure park in Doswell. The e-ticket grants the Cap2Cap participant access for three visits within a 5-day period, along with complimentary parking. Riders can also utilize a plus-one discount, offering accompanying guests of the rider/ticket holder a \$36 day ticket (one-time use, unlimited users). **To receive the e-ticket before May 10th, Cap2Cap participants must email [info@virginiacapitaltrail.org](mailto:info@virginiacapitaltrail.org) before midnight on April 26th.** Riders who email after April 26th and before the final deadline on May 31st, will receive their e-ticket by June 15th.



# THANK YOU SPONSORS!



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